

Countryfriends83

Ecole de Danse

LATIN LAMBADA

Count : 48 Wall : 4 Level : beginner/intermediate

Choreographer: Shaun Ellison-Earl & Anita Ellison

Music: Lambada by Kaoma

ROCK FORWARD, SHUFFLE BACK, ROCK BACK, RIGHT FULL TURN

1-2 Rock forward on right foot, rock back on left foot

3&4 Shuffle back right, left, right

5-6 Rock back on left foot, rock forward on right foot

7-8 Make a full turn over right shoulder, stepping left then right

ROCK AND COASTER, HIP ROLLS

9-10 Rock forward on left foot, rock back on right foot

11&12 Left coaster step stepping back left, back right and forward left

13-14 2 hip rolls to the right

15-16 2 hip rolls to the left

17-32 Repeat 1-16

ROCK SIDE, RIGHT CROSSING SHUFFLE, ROCK SIDE, LEFT CROSSING SHUFFLE

33-34 Rock side on the right foot,

35&36 Cross right over left, step to left side with left foot,
step to left with right foot crossed over left

37-38 Rock side left,

39&40 Cross left over right, step to right side with right foot,
step to right with left foot while crossed over right

4 STEP PIVOTS TO MAKE A ¾ TURN.

41-42 Step forward on right foot, pivot round to left

43-48 Repeat 41-42 until a ¾ turn has been made

Cathy MERIOT - Choréographe / Instructor

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